



**MENTAL HEALTH 2026**

March 23-24, 2026 | London, UK

# 4TH WORLD CONGRESS ON **ADVANCES IN MENTAL HEALTH AND PSYCHIATRY**

Theme: Frontiers in Mental  
Health and Psychiatry Research


**MARCH 23-24, 2026 | LONDON, UK**

## **HOSTED BY**

**Kevin Peter**

Program Director  
Scholars Conferences

+447426060443 

<https://mentalhealth.scholarsconferences.com/> 

21 Clifton Road, Newcastle Upon Tyne, England  
United Kingdom, NE4 6XH 



# WELCOME MESSAGE

It is my honor and joy to welcome you to the 4th World Congress on Advances in Mental Health and Psychiatry—a landmark event where passionate professionals, researchers, clinicians, and policymakers come together to shape the future of mental health and psychiatry. As a Scientific Committee Member and Keynote Speaker, I am thrilled to be part of this inspiring gathering—one that fosters collaboration, knowledge exchange, and transformative discussions to advance mental health care worldwide.

This year's theme, "Frontiers in Mental Health and Psychiatry Research," highlights our shared commitment to driving innovation, addressing urgent challenges, and embracing groundbreaking solutions. Over these transformative days, we will engage in thought-provoking sessions, exchange cutting-edge research, and explore forward-thinking strategies designed to create meaningful change in mental health policies, practices, and research.

London, a city renowned for its excellence in mental health and medical innovation, provides the perfect setting for deep learning, inspiring conversations, and impactful collaborations. With its rich legacy of public health advancements, biomedical breakthroughs, and interdisciplinary expertise, London stands as a beacon for the future of psychiatric care.

As we gather, I encourage each of you to embrace new perspectives, share insights, and build lasting connections that will extend far beyond this conference. Together, through scientific discovery, policy evolution, and global cooperation, we have the power to reshape mental health care and build a brighter, more equitable future.

I look forward to welcoming you to London and embarking on this meaningful journey together.

Warmest regards,

Dr. Ann Marie Leonard-Zabel

Scientific Committee Member & Keynote Speaker

2026 London Advances in Mental Health and Psychiatry Conference



**Ann Marie Leonard Zabel**

Curry College & NEALAC  
Clinic, USA

# WELCOME MESSAGE

It is with great pleasure that I welcome you to the 4th World Congress on Advances in Mental Health and Psychiatry (Mental Health 2026), to be held in the vibrant city of London, UK, on March 23–24, 2026.

This Congress convenes a diverse and dynamic community of mental health professionals, researchers, policymakers, and advocates who are united by a shared commitment to advancing mental health care across the globe. It is a timely and urgent gathering, as our world continues to grapple with complex and compounding challenges that deeply affect mental well-being.

From armed conflict, political violence, and forced displacement, to natural disasters, detention, and other forms of social and environmental upheaval, millions of individuals around the world continue to endure traumatic experiences that leave profound and lasting psychological scars. These realities not only impact individuals and families but also strain mental health systems and demand innovative, compassionate, and culturally sensitive responses.

At Mental Health 2026, we will explore the latest scientific advances, therapeutic innovations, and holistic approaches to care. We will share critical insights from the frontlines, elevate underrepresented voices, and foster cross-disciplinary and international collaborations. Most importantly, we will reaffirm our collective commitment to building resilient, inclusive, and equitable mental health systems for all.

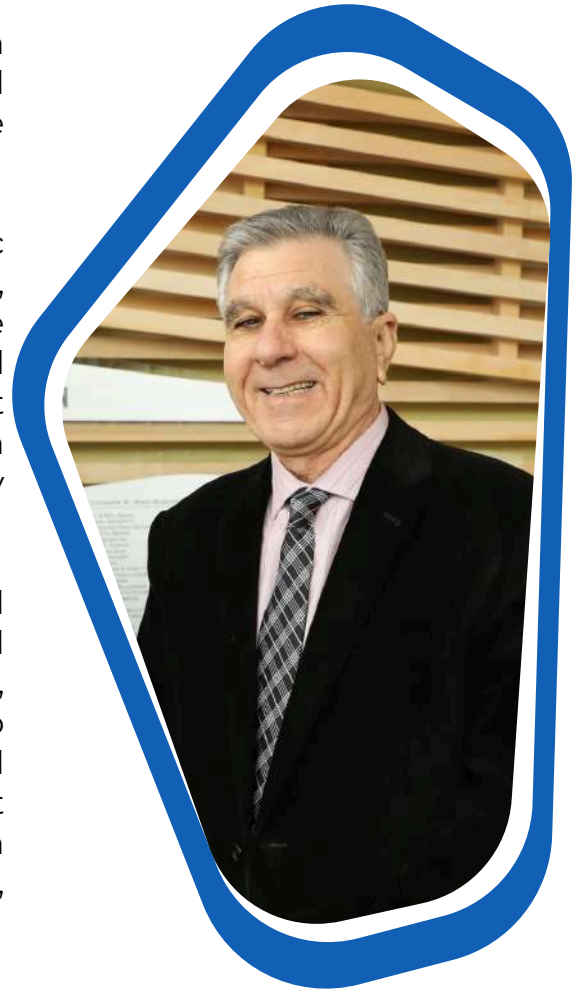
I invite you to participate wholeheartedly—engage with new ideas, challenge assumptions, and be inspired by the passion and dedication of your peers.

Together, we have the opportunity to shape the future of mental health and make a lasting impact on the lives of individuals and communities across the world.

Warmest regards,

Alean Al-Krenawi, PhD

Visiting Professor at the Resilience Research Centre, Dalhousie University, Halifax, Canada, and affiliated researcher at the Centre for Research on Immigration and Settlement, Toronto Metropolitan University, Toronto, Ontario, Canada



**Alean Al Krenawi**  
Toronto Metropolitan  
University, Canada



## ABOUT CONFERENCE

Dear Esteemed Guests, Speakers, and Participants,

It is with great pride and heartfelt enthusiasm that we welcome you to the **4th World Congress on Advances in Mental Health and Psychiatry**, taking place on **March 23-24, 2026**, in the vibrant and historic city of **London, UK**.

This year, we unite under the inspiring theme: "**Frontiers in Mental Health and Psychiatry Research**." This theme embodies our shared mission and the evolving journey of mental health worldwide—honoring the past, addressing the present, and shaping the future. Together, we will dive into transformative ideas, celebrate groundbreaking achievements, and tackle the ongoing challenges as we strive for greater equality, inclusion, and leadership in the field.

Over the next two days, you'll hear from visionary leaders, changemakers, and advocates shaping the future of mental health across diverse fields. We encourage you to connect, collaborate, and engage in meaningful conversations that inspire fresh perspectives and drive lasting change.

Thank you for joining this global movement. Your participation is a powerful reminder of our shared belief in mental health as a force for leadership, inspiration, and meaningful change.

Together, let's ensure this conference is not only a tribute to our progress, but a spark that ignites even greater achievements ahead.

**Welcome to London. Welcome to the future.**



## THEMES AND TOPICS

- Mental Health
- Behavioral Health
- Mental illness
- Anxiety Disorders
- Depression
- Suicide
- Psychological Syndromes
- Geriatric and Pediatric Psychiatry
- Sleep Disorder
- Women Mental health
- Positive Mental Health
- Mental Disorder
- Serious Emotional Disorder (SED)
- Hyperactivity Disorder
- Bipolar Disorder
- Stress
- Psychiatry
- Neuropsychiatry
- Brain Tumor
- Child abuse

**\*ALL RELEVANT PAPERS FALL UNDER THE THEME AND SCOPE OF THE CONFERENCE ARE ACCEPTED**



# WHY ATTEND?

## 🔍 1. Stay Updated on Cutting-Edge Research

- Learn about the latest findings in neuroscience, psychiatry, and psychology.
- Hear from leading experts presenting their work on innovative treatments and diagnostic tools.

## 🧠 2. Deepen Clinical Knowledge

- Gain insights into new therapeutic techniques, pharmacological advancements, and patient care strategies.
- Workshops and sessions often focus on real-world case studies and practical applications.

## 👥 3. Network with Global Experts

- Connect with psychiatrists, psychologists, therapists, researchers, and policymakers from around the world.
- Build collaborations or mentorship opportunities.

## 📅 4. Professional Development

- Earn Continuing Medical Education (CME) or Continuing Professional Development (CPD) credits.
- Boost your resume or CV with international conference participation.

## 💡 5. Interdisciplinary Perspectives

- Explore mental health through various lenses: medical, psychological, social, and technological.
- Participate in cross-discipline discussions that can open new avenues in your work or studies.

## 🌍 6. Global Mental Health Focus

- Understand mental health challenges and innovations across different cultural and socioeconomic contexts.
- Exchange knowledge about community-based care, policy implementation, and global mental health initiatives.

# WHO SHOULD ATTEND?

- Directors, CEO's
- Psychiatrists & Behavioral Health Professionals
- Researchers & Academics in Psychiatry
- Healthcare Providers
- Pharmaceutical & Biotech Leaders
- Policy Makers & Advocates
- Students & Young Professionals in the Mental Health Field
- Stroke Specialists
- Physicians
- Mental health scientists
- Specialists
- Researchers
- Professors
- Industrial Experts
- Neurosurgeons
- Psychiatrist
- Lecturers



## AGENDA

### March 23, 2026 | Day 01

09:00-09:15 OPENING CEREMONY

09:15-10:45 KEYNOTE PRESENTATIONS

10:45-11:00 REFRESHMENTS BREAK

11:00-13:00 KEYNOTE PRESENTATIONS

13:00-13:45 NETWORKING LUNCH

13:45-15:40 SPEAKER SESSION

15:40-16:00 REFRESHMENTS BREAK

16:00-17:45 SPEAKER SESSION

17:45-18:00 PANNEL DISCUSSION

### KEY FACTS

25+

Interactive  
Sessions

10+

Keynote  
Speakers

50+

Innovative  
Featured  
Speakers

5+

Workshops

20+

HOURS OF  
NETWORKING  
EVENTS



B2B  
Meetings



### March 24, 2026 | Day 02

09:00-09:15 OPENING CEREMONY

09:15-10:45 KEYNOTE PRESENTATIONS

10:45-11:00 REFRESHMENTS BREAK

11:00-13:00 KEYNOTE PRESENTATIONS

13:00-13:45 NETWORKING LUNCH

13:45-15:40 SPEAKER SESSION

15:40-16:00 REFRESHMENTS BREAK

16:00-17:45 POSTER SESSION

17:45-18:00 PANNEL DISCUSSION



# MAKE AN IMPACT AMPLIFY YOUR BRAND

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## TAKE YOUR BUSINESS TO THE NEXT LEVEL

“The goal of addiction research is to explore the biological processes and dynamics of addiction, in order to gain a deeper understanding of the mechanisms behind substance dependence, its progression, and the interactions between addiction and the human body”



### Sponsorship Opportunities:

The 4th World Congress on Advances in Mental Health and Psychiatry is proudly supported by leading organizations in healthcare, pharmaceutical companies, research institutions, and more. Become a sponsor or exhibitor to showcase your work and connect with global leaders in the field.

### Event Highlights

- ✓ 25+ Interactive Sessions
- ✓ 15+ Keynote Speakers
- ✓ 5+ Workshops & Training Courses
- ✓ 100+ Distinguished Speakers
- ✓ Participants from Industry & Academia (50:50)
- ✓ 30+ Hours of Networking Events
- ✓ B2B Meetings
- ✓ World-class Exhibitions



# About SCHOLARS CONFERENCES

"Accelerating the Cutting-Edge Scientific Research into Success by Bringing People Together"

## Who We Are


Scholars Conferences is a global leader in producing high quality Conferences, Meetings, Workshops, Symposia and, Webinars in all major fields of Pharma, Healthcare, Science, Technology and Medicine.

Scholars Conferences endeavors to disseminate the scientific knowledge and research through its Scientific Conferences and Meetings. Scholars Conferences is currently organizing International Conferences, Meetings, Workshops, Symposia and, Webinars with a main theme of "Accelerating the Cutting-Edge Scientific Research into Success by Bringing People Together".

## WHY CHOOSE US?


Why does a Scholars Conferences stand out from other scientific meetings? Our meetings attract an exclusive number of audience who have a narrow concentration within a specialized field. We create a platform for informal, workshop style forums delivering a more intense scientific experience unlike other larger style conferences.

### OUR AIM

A red hexagonal icon containing a white paper plane, symbolizing speed and direction.


We focus on bringing a much-needed level of efficiency and quality standards in the way we service our clients, thus building lasting partnerships-based quality, innovation, and commitment to abide by our deeply rooted core values.

### OUR VISION

A red hexagonal icon containing a white lightbulb with a gear inside, symbolizing innovation and ideas.

We are a truly professional group of individuals, striving hard to maintain and improve the quality of execution of our services. Our people constituting our team are our key assets.

### OUR MISSION

A red hexagonal icon containing a white target with an arrow in the center, symbolizing focus and achievement.

Scholars Conferences strives to become internationally renowned for providing meetings of outstanding scientific quality, bringing together smaller interest groups to create informal and workshop style interactions, bridging a gap in the scientific conference community.

## CALENDAR MARKS

- First Round of Abstract Submission: July 21, 2025
- Second Round of Abstract Submission: August 18, 2025
- Final Phase of Abstract Submission: March 20, 2026
- Early Bird/Standard Registration: July 31, 2025
- Mid-Term Registration: August 29, 2025
- On-spot Registration: March 23-24, 2026

## VENUE

London, UK

## MEET OUR TEAM

PROGRAM MANAGER:

**KEVIN PETER**

MENTAL HEALTH 2026

MENTALHEALTH@SCHOLARCONFERENCES.ORG

+447426060443

SPONSORSHIP ENQUIRY:

**VICTOR OLIVER**

SPONSORS@SCHOLARCONFERENCES.COM  
MANAGER

FOR ABSTRACT SUBMISSION:

**[HTTPS://MENTALHEALTH.SCHOLARSCONFERENCE  
S.COM/ABSTRACT-SUBMISSION](https://mentalhealth.scholarsconference.com/abstract-submission)**

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