6TH ASIA-PACIFIC

MENTAL HEALTH AND WELL-BEING CONGRESS

NOVEMBER23-24,2026 | BANGKOK,THAILAND

Theme: "Future Directions: Pioneering Mental Health and Well-being Initiatives"



Hosted By:
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ABOUT CONFERENCE

THEME: FUTURE DIRECTIONS: PIONEERING MENTAL HEALTH AND WELL-BEING INITIATIVES

It is with great pleasure that we welcome you to the dynamic and captivating city of Bangkok for this year's Asia-Pacific Mental Health and Well-being Congress (APMH 2026). We are delighted to host you in Thailand's vibrant capital—where rich cultural heritage meets modern innovation and world-class hospitality.

This year's Congress brings together thought leaders, practitioners, researchers, and advocates from across the Asia-Pacific region and beyond to explore the latest advancements, challenges, and opportunities in mental health and well-being. Together, we will share knowledge, exchange ideas, and build collaborations that strengthen the global mental health community.

APMH 2026 is a celebration of diversity, innovation, and progress—a gathering where science meets compassion and where collective wisdom inspires meaningful change. As we engage in dialogue and discovery, we continue our shared mission to promote mental health awareness, equity, and resilience worldwide.

From breakthroughs in mental health research and therapeutic innovation to policy frameworks promoting psychological well-being and inclusive care, the Mental Health and Well-Being Congress provides a comprehensive platform to reshape the global landscape of mental health across all communities and life stages.

We look forward to welcoming you to Bangkok, where science meets culture, and where together we will envision a more compassionate, resilient, and mentally healthy world.






THEMES AND TOPICS

THEME: "FUTURE DIRECTIONS: PIONEERING MENTAL HEALTH AND WELL-BEING INITIATIVES"

- Innovations in Mental Health Care
- Mental Health Policy and Advocacy
- Special Focus: Mental Health and Climate Change
- Gender and Mental Health
- Technology and Mental Health Research
- Cultural Perspectives on Mental Health
- Community Mental Health and Support Systems
- Substance Use and Mental Health
- Integrating Mental Health into Education
- Public Awareness and Education
- Workplace Mental Health
- Research and Evidence-Based Practices
- Aging and Mental Health
- Mental Health in Crisis Situations
- Cross-Cultural Training for Practitioners
- Youth and Adolescent Mental Health
- Trauma and Resilience
- Intersectionality and Mental Health
- Family and Caregiver Support
- Emotional wellbeing
- Stress management
- Mental resilience
- Behavioral therapy
- Psychological safety
- Trauma recovery
- Mindfulness practice
- Depression support
- Anxiety relief

***ALL RELEVANT PAPERS FAILL UNDER THE THEME AND SCOPE OF THE CONFERENCE ARE ACCEPTED**






AEGNDA



THEME: FUTURE DIRECTIONS: PIONEERING MENTAL HEALTH AND WELL-BEING INITIATIVES

November 23, 2026 | Day 01

09:00-09:15 OPENING CEREMONY

09:15-10:45 KEYNOTE PRESENTATIONS

10:45-11:00 REFRESHMENTS BREAK

11:00-13:00 KEYNOTE PRESENTATIONS

13:00-13:45 NETWORKING LUNCH

13:45-15:40 SPEAKER SESSION

15:40-16:00 REFRESHMENTS BREAK

16:00-17:45 SPEAKER SESSION

17:45-18:00 PANNEL DISCUSSION

November 24, 2026 | Day 02

09:00-09:15 OPENING CEREMONY

09:15-10:45 KEYNOTE PRESENTATIONS

10:45-11:00 REFRESHMENTS BREAK

11:00-13:00 KEYNOTE PRESENTATIONS

13:00-13:45 NETWORKING LUNCH

13:45-15:40 SPEAKER SESSION

15:40-16:00 REFRESHMENTS BREAK

16:00-17:45 SPEAKER SESSION

17:45-18:00 Closing Ceremony

KEY FACTS

25+ Interactive Sessions

20+ HOURS OF NETWORKING EVENTS

10+ Keynote Speakers

B2B Meetings

50+ Innovative Featured Speakers

Worldclass Exhibitions

5+ Workshops

MEET OUR SPEAKERS



Joachim Lee Tai Loong
Neuro-Therapy, Singapore



Magdelene Siow
NHG, Singapore



Ernst Hans-Juerg Meier
Practice for Psychotherapy and Hypnosis Therapy, Switzerland



Akihito Fujomori
International University of Health and Welfare, Japan



Ellen Fong
Keele University, Singapore



James Spence
Cognitive Life Companion Technologies (CLCT), USA



Regine Anne Oscuro-Perez
UP-Philippine General Hospital, Philippines



Jen Chin Lee
Taoyuan Psychiatric Center, Taiwan



Gabi Gubel
PUK Zürich, Switzerland

MEET OUR SPEAKERS



Suhail Rasool

Suninflam Ltd, USA



Sze-Ning Chuah

Monash Health, Australia



Aslihan Eslek

Izmir University of Economics Faculty of Medicine, Turkey



Mohamed Mogy

Al hekma mental health group, Egypt



Selinta Clarke

The Holistic Psychotherapy Centre, Thailand



Chan Luo Ming (Kada)

Singapore Civil Defence Force, Singapore



Pamela Christie

Inclusive Future Ltd, Vietnam



Chloe Bamboulis

Clinical Psychological Therapy, uk



Heather O'Donnell

TGR The Green Room, Germany

MEET OUR SPEAKERS



Marilyn Immoos-Langlois

Mindful Breathing with Music (MBM), switzerland



Carol Ong

DCO Brain Switch, Malaysia



Marzena Folusz

Stuttgart Germany



Jess Chen

Sengkang General Hospital, Singapore



Azman Shah D. Aziz

Performance Development Consultants Sdn Bhd, Malaysia



Alena Foong

MOHH, Singapore



Kok Han Ang

Institute of Mental Health, Singapore



Syahida Zulkarnain

NGO Empati, Malaysia



Roji Maharjan

Project Green Circle, Nepal

SPONSORSHIP OPPORTUNITIES

"THE AIMOFTHEMENTALHEALTHANDWELL-BEINGCONGRESS 2026 IS TO EXPLORE THE COMPLEXITIES OFMENTAL HEALTH,FOSTERING ADEEPER UNDERSTANDING OF THE INTERACTIONS BETWEEN INDIVIDUALS,COMMUNITIES, AND MENTAL HEALTH PROFESSIONALS. BY PROMOTING COMPASSIONATE, EVIDENCE-BASED, AND HOLISTIC APPROACHES TO CARE, THE CONGRESS SEEKS TO ENHANCE OVERALL WELL-BEING AND EMPOWER INDIVIDUALS IN THEIR JOURNEYS TOWARD MENTAL WELLNESS."

Sponsorship Opportunities:

- Reach your target market with exclusive packages
- Promote brand recognition through high visibility
- Communicate directly with influential decision makers
- Provide solutions to technology challenges Source new products
- Leverage these benefits to achieve returns on your marketing dollars
- Reach a High Qualified Target Audience with this Strategic Opportunity!

Event Highlights:

- 25+ Interactive Sessions
- 5+ Workshops
- 30+ Hours of Networking Events
- 15+ Keynote Speakers
- Participants from Industry & Academia (50:50)
- 50+ Innovative Featured Speakers
- B2B Meetings
- World-class Exhibitions






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About SCHOLARS CONFERENCES

"Accelerating the Cutting-Edge Scientific Research into Success by Bringing People Together"

Who We Are

Scholars Conferences is a global leader in producing high quality Conferences, Meetings, Workshops, Symposia and, Webinars in all major fields of Pharma, Healthcare, Science, Technology and Medicine.

Scholars Conferences endeavors to disseminate the scientific knowledge and research through its Scientific Conferences and Meetings. Scholars Conferences is currently organizing International Conferences, Meetings, Workshops, Symposia and, Webinars with a main theme of "Accelerating the Cutting-Edge Scientific Research into Success by Bringing People Together".

OUR AIM

We focus on bringing a much-needed level of efficiency and quality standards in the way we service our clients, thus building lasting partnerships-based quality, innovation, and commitment to abide by our deeply rooted core values.

OUR VISION

We are a truly professional group of individuals, striving hard to maintain and improve the quality of execution of our services. Our people constituting our team are our key assets.

OUR MISSION

Lambda Research Group strives to become internationally renowned for providing meetings of outstanding scientific quality, bringing together smaller interest groups to create informal and workshop style interactions, bridging a gap in the scientific conference community.

WHY CHOOSE US?

Why does a Scholars Conferences stand out from other scientific meetings? Our meetings attract an exclusive number of audience who have a narrow concentration within a specialized field. We create a platform for informal, workshop style forums delivering a more intense scientific experience unlike other larger style conferences.

Write Us dileep@scholarsconferences.com



UNIQUE FEATURES SCHOLARS CONFERENCES

"DISCOVER THE POWER OF NETWORKING"

Pursue Innovations

01

We work on pursuing the spread of new knowledgetothe students researchers, Scientists, academicians, research laboratories by sharing a common platform. This willfacilitate the technological advancements that transform theglobe.

Real Networking

02

Focus on professional aspect of networking which willfurther boosts the professional confidence, leads to the exchangeof ideas, helps you meet people at all professional levels, exchange of ideas. This will nurture and create morevisibility for different fields of budding researchers in their careerpath.

Explore the Knowledge

03

Present, share an explorethe knowledge and/or completely different areas of study. We provide ways to discusswiththenew faces one to one about their research they are workingonwhich will further enhance on their own work. Presentingmakesthe presenter more confident and new perspectives towardsthe project in new doorways.

Transform the Science

04

Discussing on latest research with worldwide speakersand delegates from various fields will bring the most gradual and progressive developments in transforming the science in the field of medical, clinical, pharma and engineering.

Contact Us

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Asia-Pacific Mental Health
and Well-being Congress

Thank yo











Glimpses












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HELP DESK AND VENUE

CALENDAR MARKS

First Round of Abstract Submission: Sep 27, 2026
Second Round of Abstract Submission: Oct 26, 2026
Final Round of Abstract Submission: November 16, 2026
Early Bird Registration: August 31, 2026
Mid-Term Registration: October 31, 2026
On-Spot Registration: November 23-24, 2026

VENUE

Holiday Inn Express Bangkok Soi Soonvijai
19 Soi Soonvijai, New Petchburi Road, Bangkapi, Huaykwang, Bangkok 10310

Bangkok, Thailand

MEET OUR TEAM

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MANAGER

For Abstract Submission and Registration, visit:

https://globalmentalhealthconference.com/




