



APMH 2025

Asia-Pacific Mental Health and
Well-being Congress

Asia-Pacific Mental Health and Well-being Congress

THEME: "Future Directions: Pioneering Mental Health and Well-being Initiatives"

APMH 2025 | 3rd Edition | 27-29 Oct 2025

Holiday Inn Express® Baruna Bali, Bali, Indonesia

<https://scholarsconferences.com/asia-pacific-mental-health/>



Hosted By:

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Tentative Program

Day 01 | Oct 27, 2025 | Bali, Indonesia

08:00-09:00 Registrations

09:00-09:15 Opening Ceremony

Keynote Forum

09:15-09:45 Title: Linguistic Markers of Depression: Analyzing Social Media Discourse for Mental Health Insights
Petrisor Liviu Dinu, University of Bucharest, Romania

09:45-10:15 Title: Restoring Social Connections for Isolated Youth: The Role of Community-Based Support and Narrative Practices in Japan
Hanae Ono, The University of Tokyo, Japan

10:15-10:45 Title: Neuropsychological test CKPT to evaluate the effects of therapy and lifestyle changes for dementia prevention
Takaki Shimura, Sosei Ltd, Japan

Networking & Refreshments Break @ 10:45-11:05

11:05-11:35 **Keynote Speaker Slot Available**

11:35-12:05 **Keynote Speaker Slot Available**

Speaker Sessions

Session Chair: TBA

12:05-12:30 Title: Automatic Detection and Classification of Mental Illnesses from General Social Media Texts
Anca Dinu Daniela, University of Bucharest, Romania

12:30-12:55 Title: Investigation Of Wellbeing Supports for International University Students
Cindy Ann Smith, Curtin University, Australia

Lunch and Networking Break @ 12:55-13:40

- 13:40-14:05** Title: The alphorn, working tool for peasants and psychotherapists
Ernst Meier, Practice for Psychotherapy and Hypnosis Therapy, Switzerland
- 14:05-14:30** Title: Impulses from music, psychology and spirituality for a culture of change and empowerment in mental health and therapy
Martina Jonitz, Practice for Child- and Adolescent Psychiatry and Psychotherapy, Germany
- 14:30-14:55** Title: Motivational Interviewing as a Support for Adolescents with Autism who have Experienced Trauma
Jasmin Fyfe, Curtin University, Australia
- 14:55-15:20** Title: Motivational Interviewing as a Support for Adolescents with Autism who have Experienced Trauma
Cindy Ann Smith, Curtin University, Australia
- 15:20-15:45** Title: Psychotherapy is not a mental health / quasi-medical treatment; it is more of a (soft-revolutionary) psycho-social exploration
Courtenay Young, International Journal of Psychotherapy, UK
- 15:45-16:10** Title: Rethinking Neurodivergence: A Psychodynamic Lens on Autism, ADHD, and the Question of Subjectivity
Faisal Shaikh, Mentis Clinic Ltd, UK

Networking & Refreshments Break @ 16:10-16:30

- 16:30-16:55** Title: The Power of Here and Now: Acceptance and Commitment Therapy for Depression and Anxiety
Jermin Guiao, EAP Services, New Zealand
- 16:55-17:20** Title: TBA
George Fieldman, Dr George Fieldman Ltd, UK
- 17:20-17:45** Title: Association Between The Levels Of Perceived Social Support And Levels Of Psychological Distress Among Nurses And Psychiatry Doctors At The National Center For Mental Health Three Years After The Covid-19 Pandemic: A Cross-Sectional Study
Therecia Mae Chavez, National Center for Mental Health, Philippines
- 17:45-18:10** *Speaker Slots Available*

Poster Presentation

EP001 Title: Caregivers' Perspective on Socially Assistive Robots: A Qualitative Systematic Review

James Patrick Moon, Sengkang General Hospital, Singapore

Poster Slots Available

Panel Discussions & B2B Meeting

Day 01 End | Closing Ceremony

Day 02 | Oct 28, 2025 | Bali, Indonesia

08:30-09:30 Registrations

09:30-09:45 Opening Ceremony

Keynote Forum

09:15-09:45 Title: Dopamine: The Catalyst of Motivation, Performance and Productivity
Edie Raether, Performance PLUS, USA

09:45-10:15 Keynote Speaker Slot Available

10:15-10:45 Keynote Speaker Slot Available

Networking & Refreshments Break @ 10:45-11:05

Speaker Sessions

Session Chair: TBA

11:05-11:30 Title: Creating environments that support good mental health and wellbeing within mostly male dominated workplaces in Australia

Rae Bonney, Rae Bonney OAM, Australia

- 11:30-11:55** Title: Examining the Role of Grit and Valuing of Mistakes among Pre-Service Scholars in Cebu, Philippines: A Convergent Parallel Mixed-Methods Study
Melona Deguma, Cebu Technological University, Philippines
- 11:55-12:20** Title: Caregivers' Perspective on Socially Assistive Robots: A Qualitative Systematic Review
Jabin Deguma, Cebu Technological University, Philippines
- 12:20-12:45** Title: The Ageing Population and the Rising Burden of Dementia: Implications for Care Systems and Economic Sustainability
Gaye Cameron, Counselling Service for You, Australia
- 12:45-13:10** Title: Climate change effects on depressive symptomology among adolescents in rural areas of Afghanistan.
Conrad Murendo, Save the Children, Afghanistan

Lunch and Networking Break @ 13:10-13:55

- 13:55-14:20** Title: Post-PhD Blues in a Non-Academic Environment: A Scoping Review
Muhammad Hoque, Sefako Makgatho Health Sciences University, South Africa
- 14:20-14:45** Title: Knowledge, attitude, and practice of artificial intelligence applications in medicine among physicians in Sudan: a national cross-sectional survey
Gasm Alseed Fadlalmoula, University of Shendi Faculty of Medicine, Sudan
- 14:45-15:10** Title: TBA
Neha Shukla, Curtin University, Australia
- 15:10-15:35** *Speaker Slots Available*
- 15:35-15:55** *Speaker Slots Available*

Networking & Refreshments Break @ 15:55-16:15

- 16:15-18:00** *Speaker Slots Available*

Panel Discussions & B2B Meeting

Day 02 End | Closing Ceremony